

Desborough college DATE: Friday week 3



Dishes	Celery	Cereals containing gluten				Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts								Peanuts	Sesame seeds	Soya	Sulphur Dioxide														
		Wheat	Oats	Rye	Barley								Almonds	Hazelnuts	Walnuts	Cashews	Pecan	Brazil	Pistachio	Macadamia																		
Beef Lasagne [example]	✓	✓								✓																												
Catch of the day		✓						✓		✓																												
Mac & cheese		✓								✓																												
Baked vegetable tortilla		✓								✓		✓																										
Banana muffin		✓					✓			✓																												
Tuna & cucumber sandwich		✓					✓	✓		✓																												
Roasted vegetable baguette		✓								✓																												
Coronation chicken wrap		✓					✓			✓																												

Review and Checked By: Mark Smith