"You've given me the confidence to move forward with my life, thank you."

We offer between six and twelve one-to-one sessions with a professional worker.

You can choose where you feel most comfortable meeting; it could be at home, school, college, youth or community centre.

Your SAFE! worker will help you to develop ways of coping for times when you don't feel safe.

You will not have to talk about what happened to you, unless you want to.

It is up to you how much or how little support you get from us. You are free to stop support whenever you like.



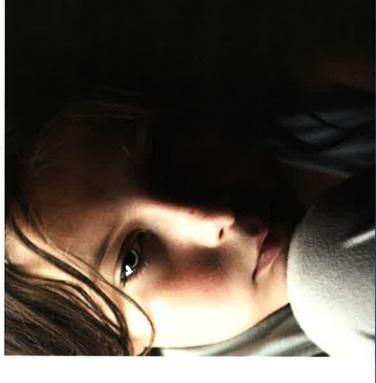
The details of what you say WILL remain confidential between our Project Worker and you.

UNLESS: There may be things that you want us to share with other people.

ALSO: If you or someone else is in danger, then we may have to talk to someone outside of our project. We wouldn't do anything without talking to you first.

POLICE & CRIME COMMISSIONER THAMES VALLEY

Are you a young person who has been affected by crime?



WE ALL HAVE THE RIGHT TO FEEL SAFE

Tel: 01865 582495

Email: safe@safeproject.org.uk

Unit 9—Standingford House, 26 Caye Street,

Oxford, OX4 1BA

Registered Charity: 1143532



0800 133 7938

What is SAFE!?

We support young people who are dealing with the effects of crime. We have a number of Project Workers, who meet with young people to help and support them.

- Have you been a victim or a witness of a crime?
- Has something happened which you need to talk about?
- Do you feel unsafe or worry about someone else being unsafe?
- Do you worry about something that has happened to you or someone else?
- Is it affecting your feelings, mood or behaviour?

SAFE! is an independent charity and this service is provided free of charge. Anyone can refer themselves or a friend who lives in the Thames Valley (Oxfordshire, Berkshire, Buckinghamshire and Milton Keynes).

Who can SAFE! support?

If you are struggling to cope with the impact of crime, our experienced Project Workers can offer you support.

We are available to help all 8 to 18 year olds (up to 25 for those with additional needs) who live in the Thames Valley area and have been hurt by crime. We will work with you to help you get your confidence back if you have:

- Been bullied at school
- Been sexually abused or assaulted
- Witnessed/been a victim of domestic violence
- Been mugged, or physically assaulted
- Been abused by cyber crime
- Or been a victim of any other crime.

We believe that you have a right to feel safe wherever you are.

How you might be feeling:

Being hurt by crime can be tough. You might be coping with difficult feelings such as being angry, frightened, upset or guilty. You might want someone to talk to who will not judge you.

Our Project Workers can:

- Listen to you, and help you think about what you might want to do next
- Give you space to talk about what has happened and what you're going through
- Help you think about keeping safe
- Give you information about reporting a crime and what might happen if you do report
- Give you information about who else might be able to help you





Freephone: 0800 133 7938 www.safeproject.org.uk Email: safe@safeproject.org.uk

