

Desborough college DATE: Tuesday week 3



Dishes	Celery	Cereals containing gluten				Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts								Peanuts	Sesame seeds	Soya	Sulphur Dioxide				
		Wheat	Oats	Rye	Barley								Almonds	Hazelnuts	Walnuts	Cashews	Pecan	Brazil	Pistachio	Macadamia								
Beef Lasagne [example]	✓	✓							✓																			
Spanish chicken											✓																	
Katsu chicken curry & rice	✓	✓							✓																✓			
Broccoli Mac 'n' cheese		✓							✓																			
Paprika potatoes											✓																	
Butternut squash cake		✓					✓		✓																			
Ham salad sandwich		✓							✓																		✓	
Cheese Crunch baguette		✓					✓		✓																			
Chicken tikka wrap		✓					✓				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Review and Checked By: Mark Smith