Desborough college DATE: Wednesday week 1

Dishes	Celery	Cereals containing gluten				Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts								Peanuts	Sesame seeds	Soya	Sulphur Dioxide
		Wheat	Oats	Rye	Barley								Almonds	Hazelnuts	Walnuts	Cashews	Pecan	Brazil	Pistachio	Macadamia				
Beef Lasagne [example]	✓	✓								✓														
Turkey & ham pie		✓					✓			✓														✓
Sweet & sour chicken		✓																					✓	
Roast pepper Frittata							✓			✓														
Vanilla shortbread		✓								✓														
Chicken mayo baguette		✓					✓			✓														
Egg mayo & watercress wrap		✓					✓																	
Tuna mayo & cucumber roll		✓					✓	✓		✓														

Review and Checked By: Mark Smith