# Desborough college  DATE: Wednesday week 2

| Dishes | Celery | Cereals containing gluten | | | | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | | | | | | | | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Wheat | Oats | Rye | Barley | | | | | | | | Almonds | Hazelnuts | Walnuts | Cashews | Pecan | Brazil | Pistachio | Macadamia | | | | |
| *Beef Lasagne [example]* | ✓ | ✓ | | | | | | | | ✓ | | | | | | | | | | | | | | |
| Chicken tikka Masala | | | | | | | | | | ✓ | | ✓ | | | | | | | | | | | | |
| Sweet & sour chicken & rice | | ✓ | | | | | | | | | | | | | | | | | | | | | ✓ | |
| Vegetable stir fry & noodles | | ✓ | | | | | ✓ | | | | | | | | | | | | | | | | ✓ | |
| Chocolate orange fridge cake | | ✓ | ✓ | | | | | | | ✓ | | | | | | | | | | | | | ✓ | ✓ |
| Chicken mayo baguette | | ✓ | | | | | ✓ | | | ✓ | | | | | | | | | | | | | | |
| Egg mayo & watercress wrap | | ✓ | | | | | ✓ | | | ✓ | | | | | | | | | | | | | | |
| Tuna mayo & cucumber roll | | ✓ | | | | | ✓ | ✓ | | ✓ | | | | | | | | | | | | | | |
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**Review and Checked By: Mark Smith**