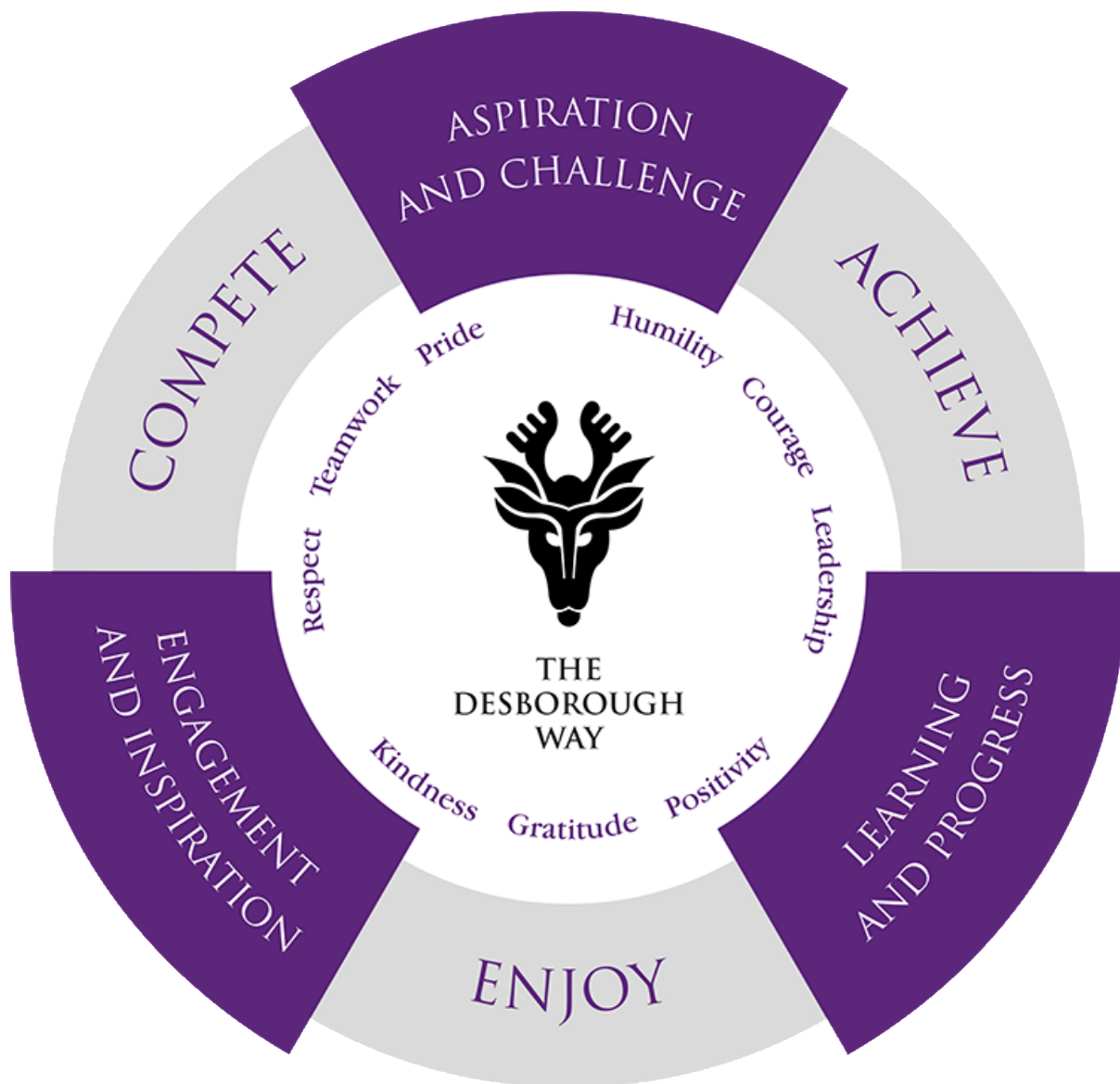


THE DESBOROUGH COLLEGE
JUNIOR STAG AWARD
YEAR 8



NAME:

TUTOR:

INTRODUCTION

The application and practice of our **Desborough Character Virtues** will help us to:

1. Provide a sense of purpose
2. Nurture our own emotional, mental and physical well-being
3. Support the health and well-being of our family, friends and local community
4. Recognise and celebrate your achievements in service of others and your own character development
5. Spread our contagious spirit of positive resolve and kindness



INSTRUCTIONS

Individual Challenge Sheets

- Attempt all challenges on the Challenge Sheet for each virtue.
- To achieve the Gold Award for a virtue you need to complete all challenges and achieve Gold in the majority of them. Your tutor will sign off your challenge sheet.
- To achieve the Silver Award for a virtue you need to complete all the challenges and achieve Silver or better in the majority of them.
- To achieve the Bronze Award for a virtue you need to complete all of the challenges to a Bronze standard.

Whole Award

- To achieve a Gold Award in Year 7 you need to complete all three Challenge Sheets and achieve Gold in at least two of them; for Silver you need to complete all three Challenge Sheets and achieve Silver in at least two of them; and for Bronze you need to complete all three Challenge Sheets. You will receive a Gold, Silver or Bronze badge to recognise your achievement.
- To achieve a Gold Award in Year 8 you need to complete all three Challenge Sheets and achieve Gold in at least two of them; for Silver you need to complete all three Challenge Sheets and achieve Silver in at least two of them; and for Bronze you need to complete all three Challenge Sheets. You will receive a Gold, Silver or Bronze badge to recognise your achievement.
- At the end of Year 9 your total across Year 7-9 will determine your overall Stag Award. To achieve a Gold Stag Award and receive a Gold Stag tie, you will need to complete all Challenge Sheets and achieve Gold standard across at least 2 of the 3 years.

GRADUATE PROFILE



Kindness

Students demonstrate kindness by being caring, considerate and thoughtful towards each other. Kindness is shown by gestures such as a smile, and through actions such as taking the time to help someone in their time of need, or simply surprising someone with an act of generosity. Students also demonstrate the ability and the aptitude to be kind to their physical and mental well-being through healthy choices and a positive influence on their physiology.

Gratitude

Students demonstrate their gratitude by taking the time and the trouble to always show their appreciation through their words and their actions. Students learn to be grateful for who they are and appreciate their own strengths and vulnerabilities. Gratitude enables students to experience, savour and enjoy everything that is positive and beautiful in the world.

Positivity

Students show their positivity by approaching everything with enthusiasm, tenacity and a growth mindset. Students use positive language, recognise each other's strengths, and celebrate achievement. Each individual works hard to see events through a positive lens, to broaden and build their emotional resilience to cope with the challenges and struggles of life. Negative behaviour is marginalised by praising commendable behaviour. Positivity and an optimistic outlook enhance the functionality of the brain, the health of the body and mind, and improves achievement. Students develop agency and self-efficacy by setting aspirational targets that contain short term goals, which sustain motivation. Grit, perseverance and tenacity is encouraged and developed to bring purposeful persistence.

Respect

Students treat themselves and each other with respect, without ever belittling or humiliating each other. Students honestly challenge themselves and each other without being disrespectful or disruptive. Difference, diversity and tolerance is celebrated to build self-respect and to ensure that all individuals feel safe, valued and free to reach their potential. Students demonstrate respect for their immediate, local and global environment.

Pride

Students demonstrate their pride by always looking smart; by striving to be the best version of themselves; and by ensuring that the school site is clean and tidy. Students organise, curate and present their work neatly and treat their own property and the belongings of others with care. Students show loyalty to each other and the school, by striving to fulfil their potential and bring out the best in each other. The expression of pride in their appearance, their efforts and their school build a sense of belonging and connectedness.

Teamwork

Students treat each other as teammates; collaborate and support each other; and consistently follow the Desborough Way. No one is ever left behind, and everyone works together towards competitive greatness. Students move beyond passive dependency on others; go beyond the naïve feeling that they can do everything better on their own; and develop the maturity to build collaborative networks of support for themselves and others.

Courage

Students enjoy success by overcoming physical, emotional, moral and intellectual challenges through tenacity, resilience and grit. Students show a willingness to take risks; to innovate; to challenge; to question; to be creative; to be curious; to be adventurous; to be resourceful; and to learn by responding positively to their mistakes. Students show a willingness to stand up for what they believe in and bravely challenge adversity to achieve success.

Humility

Students seek to reach their potential and respond to winning or losing with grace and dignity. Humility is demonstrated by not thinking less of yourself but by thinking of yourself less. Students show humility by being self-aware and having an awareness of others, by being prepared to put others first, and recognising that they are part of something more important than themselves.
















Leadership

Leadership is demonstrated by students knowing their own strengths and being aware of the strengths of others. Leadership involves taking responsibility to improve your own life and the lives of others; setting high standards and achievable goals; showing honesty and integrity; making others believe they can be better than they think they can be; and relentlessly following a vision of fulfilment. Students acquire knowledge and experience of different leadership styles, and the ability to coach themselves and others to success.
















RESPECT

Bronze Activity	Silver Activity	Gold Activity
<p>Accumulate 15 House Points for Respect.</p> <p style="text-align: center;"></p>	<p>Accumulate 20 House Points for Respect</p> <p style="text-align: center;"></p>	<p>Accumulate 25 House Points for Respect.</p> <p style="text-align: center;"></p>
<p>Send a respectful message of thanks to one of your teachers and explain why you respect them.</p> <p style="text-align: center;"></p>	<p>Send respectful messages of thanks to three of your teachers and explain why you respect them.</p> <p style="text-align: center;"></p>	<p>Send a message of thanks to five of your teachers and explain why you respect them.</p> <p style="text-align: center;"></p>
<p>Write a list of your 5 greatest strengths or qualities.</p> <p style="text-align: center;"></p>	<p>Ask your family and friends to identify your 5 greatest strengths or qualities.</p> <p style="text-align: center;"></p>	<p>Visit this web-site to complete a free online assessment of your strengths. Share this with your family.</p> <p style="text-align: center;">https://www.viacharacter.org/character-strengths</p> <p style="text-align: center;"></p>
<p>Demonstrate your respect for your home environment by keeping your bedroom tidy and helping to keep your house clean and tidy for at least 6 weeks.</p> <p style="text-align: center;"></p>	<p>Demonstrate your respect for the school environment by keeping your classroom tidy and picking up litter around the school – even if someone else dropped it - for at least 6 weeks.</p> <p style="text-align: center;"></p>	<p>Demonstrate your respect for the local community by keeping the local environment clean and tidy by picking up litter for at least 6 weeks.</p> <p style="text-align: center;"></p>
<p>Discover - without judgement - more information about people who choose to live their lives following a different religion, culture, or a lifestyle.</p> <p style="text-align: center;"></p>	<p>Make a commitment to everyone in your family to listen more attentively with your ears, your eyes and your body. Seek honest feedback from your family at the end of each week for a month about your listening skills,</p> <p style="text-align: center;"></p>	<p>Decide how you will show greater respect within your home, school, or local environment. Invite a friend or a member of your family to give you honest feedback at the end of each week for a month.</p> <p style="text-align: center;"></p>

TEAMWORK

Bronze Activity	Silver Activity	Gold Activity
<p>Accumulate 15 House Points for Teamwork.</p> <p style="text-align: center;"></p>	<p>Accumulate 20 House Points for Teamwork.</p> <p style="text-align: center;"></p>	<p>Accumulate 25 House Points for Teamwork.</p> <p style="text-align: center;"></p>
<p>Work as a pair with another family member or friend to make a sandwich but both people must tie one hand behind their back and tie their legs together to go 3 legged. At least two fillings.</p> <p style="text-align: center;"></p>	<p>Work as a team with some friends or members of your family to create a dance, re-enact a famous film scene or devise an arrangement for a song that involves everyone. You must film this and share with other members of the team.</p> <p style="text-align: center;"></p>	<p>Discuss as a family how you can work more effectively as a team. Work out a rota of tasks that need completing around the house and assign jobs to each member of the family team. Complete your jobs for the team for at least 6 weeks.</p> <p style="text-align: center;"></p>
<p>Complete a list of qualities for an effective team player.</p> <p style="text-align: center;"></p>	<p>Review this list with a family member or close friend to score yourself out of 10 for each of these qualities.</p> <p style="text-align: center;"></p>	<p>Practice being a more effective team player for 6 weeks and then review your list with the same person to review your effectiveness as a team player.</p> <p style="text-align: center;"></p>
<p>Take part in an organised activity which requires teamwork.</p> <p style="text-align: center;"></p>	<p>Join a club or team (inside or outside school), which require teamwork and stay involved for at least 6 weeks.</p> <p style="text-align: center;"></p>	<p>Join two clubs or teams (inside or outside school), which require teamwork and stay involved for at least 6 weeks.</p> <p style="text-align: center;"></p>
<p>Work successfully as a pair to complete a piece of classwork or homework.</p> <p style="text-align: center;"></p>	<p>Work successfully in a group to complete a piece of classwork or homework.</p> <p style="text-align: center;"></p>	<p>Work successfully in a group to successfully complete a presentation or project.</p> <p style="text-align: center;"></p>

PRIDE

Bronze Activity	Silver Activity	Gold Activity
<p>Accumulate 15 House Points for Pride.</p> <p style="text-align: center;"></p>	<p>Accumulate 20 House Points for Pride.</p> <p style="text-align: center;"></p>	<p>Accumulate 25 House Points for Pride.</p> <p style="text-align: center;"></p>
<p>Clean your shoes/trainers/boots each week for at least a month.</p> <p style="text-align: center;"></p>	<p>Take care of your own laundry (washing, drying, and folding) for at least a month.</p> <p style="text-align: center;"></p>	<p>Learn how to use the iron and iron your school shirts for at least a month.</p> <p style="text-align: center;"></p>
<p>Reflect on your own about 3 of your qualities that you are most proud of and write them down.</p> <p style="text-align: center;"></p>	<p>Ask someone in your family to identify 3 of your qualities that they are most proud of and get them to write them down.</p> <p style="text-align: center;"></p>	<p>Design a poster for your bedroom door/wall that captures your best qualities that you and your family are most proud of.</p> <p style="text-align: center;"></p>
<p>Discover and learn 3 important facts about your House (Dickens, Elgar, Brunel, and Constable).</p> <p style="text-align: center;"></p>	<p>Discover and learn 4 important facts about your House (Dickens, Elgar, Brunel, and Constable).</p> <p style="text-align: center;"></p>	<p>Discover and learn 5 important facts about your House (Dickens, Elgar, Brunel, and Constable).</p> <p style="text-align: center;"></p>
<p>Share with a friend or a member of your family an achievement that you are particularly proud of.</p> <p style="text-align: center;"></p>	<p>Discover an achievement by one of your parents that you are proud of.</p> <p style="text-align: center;"></p>	<p>Discover an achievement by one of your great grandparents that you are proud of.</p> <p style="text-align: center;"></p>

Student signature:

Date:

Tutor signature:

Date:

Award	Bronze (tick)	Silver (tick)	Gold (tick)
Respect			
Teamwork			
Pride			
Overall Year 7 Award			
Overall Year 8 Award			