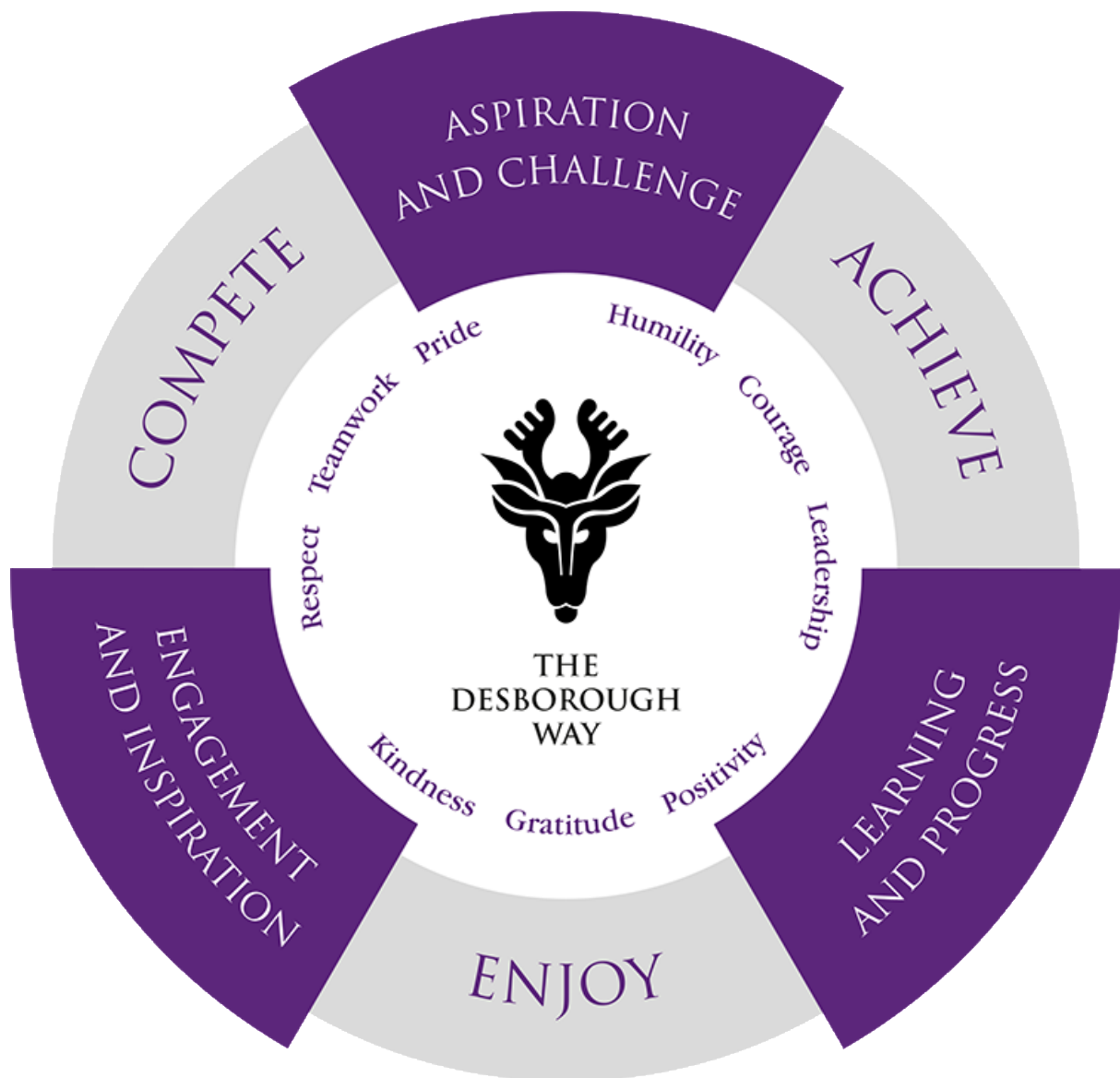


THE DESBOROUGH COLLEGE
JUNIOR STAG AWARD
YEAR 9



NAME:

TUTOR:

INTRODUCTION

The application and practice of our **Desborough Character Virtues** will help us to:

1. Provide a sense of purpose
2. Nurture our own emotional, mental and physical well-being
3. Support the health and well-being of our family, friends and local community
4. Recognise and celebrate your achievements in service of others and your own character development
5. Spread our contagious spirit of positive resolve and kindness



INSTRUCTIONS

Individual Challenge Sheets

- Attempt all challenges on the Challenge Sheet for each virtue.
- To achieve the Gold Award for a virtue you need to complete all challenges and achieve Gold in the majority of them. Your tutor will sign off your challenge sheet.
- To achieve the Silver Award for a virtue you need to complete all the challenges and achieve Silver or better in the majority of them.
- To achieve the Bronze Award for a virtue you need to complete all of the challenges to a Bronze standard.

Whole Award

- To achieve a Gold Award in Year 7 you need to complete all three Challenge Sheets and achieve Gold in at least two of them; for Silver you need to complete all three Challenge Sheets and achieve Silver in at least two of them; and for Bronze you need to complete all three Challenge Sheets. You will receive a Gold, Silver or Bronze badge to recognise your achievement.
- To achieve a Gold Award in Year 8 you need to complete all three Challenge Sheets and achieve Gold in at least two of them; for Silver you need to complete all three Challenge Sheets and achieve Silver in at least two of them; and for Bronze you need to complete all three Challenge Sheets. You will receive a Gold, Silver or Bronze badge to recognise your achievement.
- At the end of Year 9 your total across Year 7-9 will determine your overall Stag Award. To achieve a Gold Stag Award and receive a Gold Stag tie, you will need to complete all Challenge Sheets and achieve Gold standard across at least 2 of the 3 years.

GRADUATE PROFILE



Kindness

Students demonstrate kindness by being caring, considerate and thoughtful towards each other. Kindness is shown by gestures such as a smile, and through actions such as taking the time to help someone in their time of need, or simply surprising someone with an act of generosity. Students also demonstrate the ability and the aptitude to be kind to their physical and mental well-being through healthy choices and a positive influence on their physiology.

Gratitude

Students demonstrate their gratitude by taking the time and the trouble to always show their appreciation through their words and their actions. Students learn to be grateful for who they are and appreciate their own strengths and vulnerabilities. Gratitude enables students to experience, savour and enjoy everything that is positive and beautiful in the world.

Positivity

Students show their positivity by approaching everything with enthusiasm, tenacity and a growth mindset. Students use positive language, recognise each other's strengths, and celebrate achievement. Each individual works hard to see events through a positive lens, to broaden and build their emotional resilience to cope with the challenges and struggles of life. Negative behaviour is marginalised by praising commendable behaviour. Positivity and an optimistic outlook enhance the functionality of the brain, the health of the body and mind, and improves achievement. Students develop agency and self-efficacy by setting aspirational targets that contain short term goals, which sustain motivation. Grit, perseverance and tenacity is encouraged and developed to bring purposeful persistence.

Respect

Students treat themselves and each other with respect, without ever belittling or humiliating each other. Students honestly challenge themselves and each other without being disrespectful or disruptive. Difference, diversity and tolerance is celebrated to build self-respect and to ensure that all individuals feel safe, valued and free to reach their potential. Students demonstrate respect for their immediate, local and global environment.

Pride

Students demonstrate their pride by always looking smart; by striving to be the best version of themselves; and by ensuring that the school site is clean and tidy. Students organise, curate and present their work neatly and treat their own property and the belongings of others with care. Students show loyalty to each other and the school, by striving to fulfil their potential and bring out the best in each other. The expression of pride in their appearance, their efforts and their school build a sense of belonging and connectedness.

Teamwork

Students treat each other as teammates; collaborate and support each other; and consistently follow the Desborough Way. No one is ever left behind, and everyone works together towards competitive greatness. Students move beyond passive dependency on others; go beyond the naïve feeling that they can do everything better on their own; and develop the maturity to build collaborative networks of support for themselves and others.

Courage

Students enjoy success by overcoming physical, emotional, moral and intellectual challenges through tenacity, resilience and grit. Students show a willingness to take risks; to innovate; to challenge; to question; to be creative; to be curious; to be adventurous; to be resourceful; and to learn by responding positively to their mistakes. Students show a willingness to stand up for what they believe in and bravely challenge adversity to achieve success.

Humility

Students seek to reach their potential and respond to winning or losing with grace and dignity. Humility is demonstrated by not thinking less of yourself but by thinking of yourself less. Students show humility by being self-aware and having an awareness of others, by being prepared to put others first, and recognising that they are part of something more important than themselves.











Leadership

Leadership is demonstrated by students knowing their own strengths and being aware of the strengths of others. Leadership involves taking responsibility to improve your own life and the lives of others; setting high standards and achievable goals; showing honesty and integrity; making others believe they can be better than they think they can be; and relentlessly following a vision of fulfilment. Students acquire knowledge and experience of different leadership styles, and the ability to coach themselves and others to success.
















COURAGE

Bronze Activity	Silver Activity	Gold Activity
<p>Accumulate 15 House Points for Courage</p> <p style="text-align: center;"></p>	<p>Accumulate 20 House Points for Courage</p> <p style="text-align: center;"></p>	<p>Accumulate 25 House Points for Courage</p> <p style="text-align: center;"></p>
<p>Research different types of courage by reading these blogs:</p> <p>http://www.lionswhiskers.com/p/six-types-of-courage.html</p> <p>https://www.psychologytoday.com/gb/blog/the-mindful-self-express/201208/the-six-attributes-courage</p> <p style="text-align: center;"></p>	<p>Create a list of 6 role models who exemplify each of the 6 different types of courage.</p> <p style="text-align: center;"></p>	<p>Watch this video about having the courage to overcome failure</p> <p>https://www.youtube.com/watch?v=Ydeyl0vXdPO</p> <p>Write about a personal example of overcoming the disappointment of failure to achieve success. If you can't think of one, then create one!</p> <p style="text-align: center;"></p>
<p>Create a list of three things that you would like to develop the courage to attempt. These can require any of the 6 different types of courage.</p> <p style="text-align: center;"></p>	<p>Share these three things with your family, friends, and tutor to decide how you will attempt them with their support.</p> <p style="text-align: center;"></p>	<p>Attempt at least one of these three and share your experience with your family, friends, and tutor.</p> <p style="text-align: center;"></p>
<p>Create a list of three things (principles) that you strongly believe in. One example might be caring for the environment.</p> <p style="text-align: center;"></p>	<p>Share these principles with your family, friends, and tutor.</p> <p style="text-align: center;"></p>	<p>Write about how you have demonstrated the courage to stand up for and defend these principles.</p> <p style="text-align: center;"></p>
<p>Demonstrate the courage to regularly ask and answers questions in class, as well as ask for help when you need it.</p> <p style="text-align: center;"></p>	<p>Demonstrate the courage to deliver a presentation to the whole class.</p> <p style="text-align: center;"></p>	<p>Demonstrate the courage to deliver a speech or presentation to the whole year group or school.</p> <p style="text-align: center;"></p>

HUMILITY

Bronze Activity	Silver Activity	Gold Activity
<p>Accumulate 15 House Points for Humility.</p> 	<p>Accumulate 20 House Points for Humility.</p> 	<p>Accumulate 25 House Points for Humility.</p> 
<p>Demonstrate humility by volunteering to support your local community for at least 5 hours. Keep a record of your time.</p> 	<p>Demonstrate humility by volunteering to support your local community for at least 10 hours. Keep a record of your time.</p> 	<p>Demonstrate humility by volunteering to support your local community for at least 15 hours. Keep a record of your time.</p> 
<p>Put together a plan for a month setting out how you will put other people in your family and friends first and avoid being selfish.</p> 	<p>Keep a record during this month of how much time or how many times you put other people in your family and friends first and avoided being selfish.</p> 	<p>Keep a record during this month of how much time or how many times you put other people in your family and friends first and avoided being selfish. Include in your record how putting other people first and helping others made you feel.</p> 
<p>Regularly allow other people to go first ahead of you.</p> 	<p>Demonstrate humility by helping and supporting younger students at Desborough.</p> 	<p>Demonstrate humility by helping your tutor and your teachers by supporting the school community. This could include clearing up or putting the needs of others ahead of your own.</p> 
<p>Discover what the word humility means.</p> 	<p>Identify at least 3 role models for humility and explain why you admire them.</p> 	<p>Put together a mantra (a slogan you repeat to yourself repeatedly) to help you stay humble. Spend a month using this mantra and ask your friends and family if you have become more humble (less selfish).</p> 

LEADERSHIP

Bronze Activity	Silver Activity	Gold Activity
<p>Accumulate 15 House Points for Leadership</p> <p style="text-align: center;"></p>	<p>Accumulate 20 House Points for Leadership</p> <p style="text-align: center;"></p>	<p>Accumulate 25 House Points for Leadership</p> <p style="text-align: center;"></p>
<p>Research different types of leadership and complete this assessment:</p> <p>https://www.skillsyouneed.com/quiz/325444</p> <p style="text-align: center;"></p>	<p>Create a list of 3 leaders who you respect. Write a brief explanation of why you admire against each person.</p> <p style="text-align: center;"></p>	<p>Watch this video about leadership:</p> <p>https://www.youtube.com/watch?v=urrYhnaKvy4</p> <p>Make a plan to develop one style of leadership over a month and discuss this plan with your family, and/or friends, and/or your tutor. Reflect on your success and ask your family, friends or tutor for feedback.</p> <p style="text-align: center;"></p>
<p>Lead a starter in each of your subjects, including tutor time.</p> <p style="text-align: center;"></p>	<p>Lead or play a leading role in an assembly.</p> <p style="text-align: center;"></p>	<p>Speak in public at a school event.</p> <p style="text-align: center;"></p>
<p>Help to lead a project or activity in one of your subjects, across the school or outside of school.</p> <p style="text-align: center;"></p>	<p>Lead a team or take on a position of leadership such as prefect or team captain either inside or outside school.</p> <p style="text-align: center;"></p>	<p>Help to lead an event either inside or outside school.</p> <p style="text-align: center;"></p>
<p>Identify 3 occasions when you have demonstrated leadership and share these with your family, friends and tutor.</p> <p style="text-align: center;"></p>	<p>Pick a family project that you can lead and then seek feedback from your family about what you did well and how you could improve.</p> <p style="text-align: center;"></p>	<p>Demonstrate leadership by mentoring or coaching younger students either at Desborough or at other schools.</p> <p style="text-align: center;"></p>

Student signature:

Date:

Tutor signature:

Date:

Award	Bronze (tick)	Silver (tick)	Gold (tick)
Kindness			
Positivity			
Gratitude			
Overall Year 7 Award			
Overall Year 8 Award			
Overall Year 9 Award			