



Spiritual, Moral, Social and Cultural Education in PE



Spiritual Development

Spiritual education in PE allows our students to use a range of activities to develop a variety of skills and roles within sport such as a coach, leader and official. A broad PE curriculum allows students to express their feelings and emotions through movement and actions. Students will develop a sense of enjoyment, imagination, teamwork and creativity, and be encouraged to evaluate their own and others performances.

Examples of Spiritual Development in PE:

Performing a sequence in Dance

Students experiencing different roles (e.g. coach, official) and the emotions that go with each role.

Displaying emotions through a Gymnastics routine

Developing strong character virtues in team building and leadership activities within OAA

Evaluation and critiquing their own and others performance during Dance and Gymnastics.

Creating and developing attacking and defensive tactics in invasion sports

Moral Development

Moral education in PE involves using a range of activities to educate students about code of conduct, sportsmanship and etiquette before and after matches. Students will be taught to understand the rules and regulations within different activities and the reasons why they should adhere to them. They shall develop a sense of fair play, self-discipline and self-worth that builds their confidence and resilience within a range of activities and sporting scenarios. Students (at KS4) will discuss moral dilemmas within sport that promote students debates and discussions. The PE 'Word of the Week' initiative is also used to broaden students awareness and understanding of key terms and concepts that will promote conversation and debate.

Examples of Moral Development in PE:

Promoting fair play and team work examples in lessons

Following instructions, rules/laws of the game and respecting decisions made by officials

Students reflecting on values within gamesmanship, sportsmanship and etiquette.

Discussion on match fixing and deviance within sport (KS4)

The use of performance enhancing drugs within sport (KS4)

Understanding how to minimize risk of injury through being safe in PE

Respecting other students' opinions based on their stance/viewpoint.

Social Development in PE:

Social education in PE provides students with the opportunity to work in small groups and teams in a diverse range of situations and activities. Students are given the role of a coach or leader in order to develop social skills such as communication, leadership, co-operation, commitment and team work. Within these roles, students are encouraged to apply these skills within different scenarios, co-operate with each other, and resolve conflicts effectively. The willingness to participate in inter, intra school competition and extra-curricular activities is encouraged to develop friendships and social mixing.

Examples of Social Development in PE:

Promoting team work throughout lessons and supporting one another to develop their skills in a cooperative situation

Allowing sufficient time within lessons for group discussions and challenge questions as well as listening to another students' feedback

Students experiencing different roles within a group or team such as captain, manager, coach, and the emotions that go with each role

Encouraging participation at intra school house competitions and extra-curricular clubs such as Rugby, Hockey, Athletics, Football, Basketball, Disc Golf, Table Tennis, DofE, OAA etc

Use of Sports Leaders to co-ordinate and implement primary school multi-sports events

Allowing successful 6th Form Sports students to coach and mentor younger students within specialist sports and activities

Cultural Development in PE:

Cultural education in PE provides students with the opportunities to participate in sports and activities from a range of traditions, cultures and historical contexts. Students are encouraged to respect and appreciate the differences between male and female roles within sport. Students are taught about the origins of specific sports and understand the impact on society of various global events such as the World Cup and the Olympics. Students can participate and compete locally and nationally in a variety of sports, allowing students to respect and appreciate different cultures around the country.

Examples of Cultural Development in PE:

Learning where different sports originate from and which are the national sports (KS4/5)

Encouraging participation in local friendly fixtures as well as regional and national competitions within Hockey, Rugby, Basketball, Football, Cricket and Athletics

Students exploring the role of dance in society as well as learning dances from different traditions

Students learning about how Global Events such as the Olympics and World Cup impact different cultures and religions (KS4/5)

Examining case studies of professional athletes from different countries, religions, ethnic backgrounds and cultures. Understanding the positive impact these athletes can have role models on increasing participation.